

Driver Safety

Following Distance:

- Look 15 seconds ahead for traffic and road conditions.
- To use the time method, maintain a four-second interval between your vehicle and the vehicle in front of you.
- To use the distance method, maintain a distance of at least one car-length for every 10 mph of vehicle speed.
- In heavy traffic or poor weather conditions, decrease speed and increase following distance.
- Be aware of your stopping distance.
- Leave yourself a safety cushion.
- Leave yourself an escape route.

