

# Medications

**Objective:** To assure that employees understand the risks of driving while taking medications, as well as how to determine whether the medication may affect their driving abilities

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Some medications can impair your ability to drive. Even over-the-counter medications can cause drowsiness or impaired reaction times. Watch for hazards on medication packaging and labels, and **do not drive** if you are unsure about the side effects caused by your medication.



## Medication Affects

Subtle changes in a driver's perception can be extremely dangerous. Slight drowsiness, dizziness, or visual impairment may go unnoticed, and drivers may believe that they are able to drive when they should not.

## Over-the-Counter Medications

If taking common over-the-counter medications, such as pain relievers and nasal decongestants:

- Read all warnings.
- Consult a pharmacist with any questions.
- If trying a new medication, take it at a time when you will not need to drive.

## Prescription Medications

Prescription medications usually have stronger side effects. Before you start driving or using other heavy machinery, assure that your medication has no side effects. Ask your pharmacist or medical provider if it is safe for you to drive while taking the prescribed medications, and take your first dose at a time when you will not need to drive.

# Medications

This form documents that the training specified above was presented to the listed participants. By signing below, each participant acknowledges receiving this training.

Organization: \_\_\_\_\_ Date: \_\_\_\_\_

Trainer: \_\_\_\_\_ Trainer's Signature: \_\_\_\_\_

### **Class Participants:**

Name: \_\_\_\_\_ Signature: \_\_\_\_\_

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